

Guidelines for communicating when we gather in groups

- R – take **Responsibility** for what you say and feel without blaming others
- E – use **Empathetic Listening**
- S – be **Sensitive to Differences** in communication/cultural styles
- P – **Ponder** what you hear and feel before you speak
- E – **Examine** your own assumptions and perceptions
- C – keep **Confidentiality**
- T – **Tolerate Ambiguity** because we are not here to debate. There are no “winners” or “losers.”

<http://www.kscopeinstitute.org/respectful-communication-guidelines/>

Mutual Invitation: Suggestions for facilitating Inclusion in Conversations and Discussion

- A designated person will share first.
- After that person has spoken, he or she then invites another to share; not a person next to you.
- After the next person has spoken, that person invites another to share.
- If you are not ready to share yet, say “I pass for now.” We will invite you again, later.
- If you don’t want to say anything, simply say “Pass,” and invite another to share.
- We will do this until everyone has been invited.
- Please listen and do not respond to someone's sharing immediately.
- There will be time to respond and to ask clarifying questions after everyone has had an opportunity to share.

(from *The Wolf Shall Dwell With the Lamb* by Eric H. F. Law)

St. Bartholomew’s Episcopal Church
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Fall 2018

Adult Transformation Brochure



ST. BARTHOLOMEW’S
EPISCOPAL CHURCH

*Whoever you are
and wherever you are on life’s journey...
You are welcome here.*

Programs for Adults August—December 2018

Mission Statement

*To be a nurturing, inclusive
community centered in
Jesus Christ,
called to grow in our faith
through worship, ministry,
education and service.*

**UPCOMING ADULT SUNDAY
SCHOOL CLASSES
9:30 A.M. – 10:20 A.M.
Parish Hall Meeting Room**

Rally Day

August 19

Come hear our teachers and facilitators talk about their upcoming classes. Ask questions. Think about your learning needs. Consider where you might focus on your Christian journey in this next year.

Reflecting on the parish's pilgrimage to the National Memorial for Peace and Justice

August 26

Facilitator: Scotty Greene

Whether you were able to go on the pilgrimage the previous day or not, please join those who did to reflect on the experiences of the day. We will hear parishioners' testimony of their pilgrimage experience, and how it is impacting their individual journeys with Christ and the wider ministry of the parish.

How We Know What We Know

September 2 & 9

Presenter: The Rev. Dr Paul Elliott

This two part class will introduce The Brain and Belief as it relates to our ways of: thinking, talking, reading, and acting in response to Sacred Scriptures.

We will learn the way our brains have a left and right hemisphere, as well as three levels which process our internal worlds and external realities. Exploration of the interplay of: 1) Mechanisms of Belief, 2) Patterns of Belief, and 3) Our Sensory Systems as Language will be central to the class we ponder as people of faith how these mechanisms influence and guide our personal and communal living.

The Rev. Dr. Paul A. Elliott, Th.D. (Emory 2004) is a retired Episcopal priest who has studied extensively the workings of our brains.

The Artist's Way

Thursdays, 9:30-11:30, Jan. 3 - March 21 | \$240

Professional artist Ellen Phillips will offer a 12-week course on Creativity and Spirituality, using Julia Cameron's bestselling books *The Artist's Way* and *It's Never Too Late to Begin Again*.

To register: amersonhouseevents@gmail.com

Discount of 30% to St. Bart's parishioners

Information: LalorCadley@comcast.net

Ongoing Offerings:

Centering Prayer, Tuesdays 6:15-7:15 p.m.

Dream Group, Sundays 1:30-3:30

Creating Mandalas, second Friday of each month,
10:00 – 12:00

Learn more about Amerson House at
www.amersonhouse.org

St. Bartholomew's Parish Library

Located off the main entrance hall into the church, the Library features a rich and eclectic collection of books and materials for study, spiritual nurturance and simple enjoyment. Reliant on donations and self-help, the Library is open Sunday mornings and Wednesday evenings. You may have access at other times by asking a staff member for keys. See Marynell Jacob or Dan Beck if you would like to be a library volunteer.

The Five Invitations: Discovering What Death Can Teach Us About Living Fully

Wednesdays, Oct. 10-Nov. 14, 10:00-11:30 | \$75

In this six-week study group we will explore the insights of Buddhist teacher Frank Ostaseski as he shows how facing death can help us live more fully and compassionately here and now. Facilitators: Carol Bartlett and Lalor Cadley

Amerson House Spirituality Center Open House!

Sunday, Oct. 14, 12:00-1:00

Please plan to come to our annual Open House on Sunday, October 14, after the 10:30 service. We'll offer Tea and Scones, a tour of the house, a brief history, and a preview of upcoming opportunities. We welcome your presence and your input as we work to provide sacred space and inspired offerings to enrich the spiritual lives of our community.

Mandalas for Spiritual Reflection

Saturday, Oct. 27, 9:30-2:30 | \$35

Come explore how you can create mandalas as a part of your spiritual practice. Parishioner Susan Johnson, a certified instructor in the art of making mandalas, will lead three mandala reflections for personal journaling, as a response with *lectio divina*, and as an exploration of your personal view of God, the Divine.

A Syrian Dinner

Saturday, Dec. 8, 6:00 | \$25

This event will feature wonderful food, music and dancing, stories and songs. Not to be missed! Stay tuned for more details.

Winter Solstice Retreat

Sunday, Dec. 16, 5:30-8:00 | donations only

Kimberly Broerman, director of Deep Water Spirituality Center at Amerson House, will offer an evening celebrating the winter solstice on Sunday, December 16. This is an annual offering, at a time when what we need most is a still point in a turning world.

Newcomer's Series

September 9, 16, 23, 30, The Brooks Room

Facilitators: The Rev. Dr Angela Shepherd, the Rev. Beverley Elliott, Mr. Bob Van Keuren

New to St. Bartholomew's? We welcome you. Have some questions? Want to know about who we are as a parish and denomination? Want us to listen to your story and hopes? In these 4 sessions you will have a chance for tastes of each of these. Meet our rector, associate rector and take a tour of the church.

Paul, Apostle of Christ : One DVD's Representation

September 16

Facilitator: TBA

Excerpts of the 2018 film, Paul, Apostle of Christ, concerns St Luke's pursuit of the Apostle Paul, trying to get his help in writing an account of Paul's wisdom. The film brings light to the depth of Paul's faith, as well as the faith of Luke and other Christians of the time, when contrasted with the horrible world he was living in. Come and compare the hope of Paul's letters to the reality of his life. All adults and youth encouraged to attend.

A Pilgrim's report on her time on the Camino de Santiago

September 23

Presenter: Mary Grybeck

This past summer, member Mary Grybeck stepped into the unknown for 6 weeks to travel the ancient steps of past pilgrims as they make the journey across northern Spain.

Come hear and see the spiritual experiences of the journey, as well as the practical aspects of walking 900 kilometers to Santiago de Compostela. Reflect on your own calls to pilgrimage - those past and those to come.

Mary is a member of St Bartholomew's and most recently worked as Director, Integrated Project Management at Boys & Girls Clubs of America.

The Other Gospels

Sept. 30; Oct. 7, 14, 21, facilitated by Dr. John Roberts.

A gospel from the point of view of Judas? A gospel featuring Jesus and Mary Magdalene? A gospel by Peter himself? Unlikely. But these are among the 20 or so surviving gospels (interpretive biographies of Jesus) that did not make the cut for the New Testament. Find out about these noncanonical gospels and why they are important for Christians to know about. "The Other Gospels" is a four-week series.

John has been a member since 2010. Since joining St. Bart's, he has facilitated a number of classes, served on the Adult Formation Committee, been a Lector, and a Greeter. He retired, also in 2010, after teaching English and Bible at Westminster for four decades. He says he styles himself foot-servant to his wife, the inimitable Nedra.

The Open Table

October 28

Presenter: Jon Katov

Open Table is a model that helps foster change in the lives of others by optimizing personal assets that are often underutilized. "Relationships transform communities" and many throughout the U.S. and abroad have joined the movement! Founder Jon Katov will be in Atlanta to share his story with us and explore ways that we may begin a Table in our midst. www.theopentable.org

A Creative Approach to Refugee Resettlement: Just Bakery

November 4

Presenter: Leah Lonsbury

Just Bakery of Atlanta is a nonprofit designed to train, certify, and hire refugees while providing a living wage and building a diverse and compassionate community. Executive Director Leah Lonsbury will be talk about their role in the resettlement process for new Atlantans. Bonus: Just Bakery's delicious baked goods will be available for sale in the Parish Hall between morning services. www.justbakeryatl.org

The Music of Advent

November 11

Presenter: Organist-Choirmaster Shannon Gallier

Other than helping one pronounce the name, the Catechumenate is a time when the catechumen is encouraged to be in "regular association with the worshiping community, the practice of life in accordance with the Gospel, encouragement and instruction in the life of prayer, and basic instruction in the history of salvation as revealed in the Holy Scriptures of the Old and New Testaments." (Book of Occasional Services, page 115).

What do these words stir in you? A nudge or pull within? A desire to run in the opposite direction? Could be God drawing you deeper into relationship....

You are invited to join other explorers, clergy and lay parish members on this journey. A Saturday retreat on September 29, 10 a.m. – 2 p.m. will begin the process, with monthly classes on the 3rd or 4th Sundays of each month (according to participant needs) till February. Weekly classes will then be held on Wednesday evenings of Lent, beginning March 13, 2019. A date will be set for late Lent for those who decide to be confirmed, reaffirmed or received by the Diocesan bishop.

Contact The Reverend Beverley Elliott with your questions and for full details. beverley@stbartsatlanta.org



The Amerson House Spirituality Center

Jake Adam York: Poet of Witness

Saturday, Sept. 8, 9:30-2:30 | \$35

Join us for a day with poet Dorothy Brooks as she explores the award-winning poetry of Jake York, a white man from Alabama whose short life was dedicated to honoring black freedom fighters.

pose is to rest in God and receive God as God is. Basic instruction with discussion, will be given each session, followed by 20 minutes of silent prayer. Time will be made to explore prayer and the contemplative life in general. Newcomer's very welcome. Contact beverley@stbartsatlanta.org 404-634 3336 Ext 223, for details.

DREAM GROUP

St. Bartholomew's Dream Group

Sundays, 1:30 p.m. – 3:30 p.m. Amerson House Spirituality Center

Framing our time together with prayer, silence and brief conversation on dream work, the group shares and discusses the energy and meaning of dream images as a way of listening to and honoring God's desire for us to grow ever more fully into wholeness. The dream reflection method is based on Haden Institute methods and Jungian psychology. The methods sparks insights for all participants, while protecting the privacy of the dreamer.

Trained dream group facilitators rotate leading the weekly gatherings. Newcomers welcome. To learn more or express interest please call Julie Boulee on 404)512 5760 or email julieboullee@gmail.com

The Catechumenate

Are You Wanting to Explore, Renew, or Confirm Your Christian Faith?

The word 'catechumenate' comes from a Greek word meaning "to learn and explore." The Catechumenate is a process through which we explore what it means to be a human being and person of faith within in a Christian community. The Catechumenate provides a safe place to slow down, listen to the experience of others, and to speak of what you believe, doubt and wonder. While there is formal teaching, the basic understanding in the process is that learning to live into your questions is the adult path of faith; that being in conversation with others is the way Anglicans/Episcopalians do theology.

Join Shannon as he gives an overview of music for the Advent and Christmas Seasons. Shannon will explain what goes into it all—and how music fits into the church and the greater scheme of building God's Kingdom. Learn how music is chosen and rehearsed. Listen to examples of choral music with explanation of compositional style. Learn the history of various styles of music and about composers featured through Advent & Christmas. Attending this class will enhance your musical and spiritual experience of Advent & Christmas.

Report from the 112th Annual Diocesan Council

November 18

Presenters: St Bartholomew's clergy and council delegates

The Council of the Diocese of Atlanta meets annually in legislative session, as canonically required, to do the business of the diocese. St. Bartholomew's clergy and council delegates will report on resolutions, decisions, and other news from this year's council meeting held at Holy Innocent's School, November 9 & 10.

Practicing Gratitude when you don't feel Grateful

November 25

Presenter: The Rev. Tere Canzoneri, M Div, LCSW

This past 'Thanksgiving Week' is one of focusing on the practice of being grateful. But how does one access gratefulness when it is not coming naturally?

Tere is an ordained Baptist clergy and practicing psychotherapist. She ministers as a pastoral counselor through the Emmanuel Counseling Center at St Bartholomew's and is affiliated with Oakhurst Baptist Church, Decatur.

Advent Intergenerational Wreath Making Event & Book Sale

December 2

Prepare for the Advent season by making your own Advent wreath in this activity for all ages. Wreath base and candles are available for purchase—or bring your own. Please bring

pine or other greenery from yard to share if you have any. The Cathedral Bookstore will set up in the Meeting Room with seasonal reading material, Advent calendars, and gifts for sale. There will be opportunities to write Christmas greetings to members who are not able to come to church.

Exploring Advent with CeCe Balboni

December 9 & 16

There are many shades to the colors of Advent and many movements in the preparations for the coming of God in the Christ Child at Christmas. Come explore with pastoral counsellor, spiritual director and member, CeCe Balboni.

CeCe Balboni MAT, EDS, is the Executive Director of the Emmanuel Counselling Center at St. Bartholomew's and serves on the adjunct faculty of Shalem Institute in Washington D.C.

Wednesday Evening Programs

5:30 P.M. – 6:45 P.M.

Parish Hall Meeting Room

An Evening with a Few of our Forbears

August 22, 6:30 p.m. – 7:45 p.m.

Facilitators: The Rev Beverley Elliott and Mr. Bob Van Keuren

Some 15 years ago film interviews with former parish leaders and clergy were undertaken by a dedicated crew. This hour or so will be a time for seeing a selection of the interviews and engaging in conversation around them. If you are new to the parish, come meet some of the folk you hear referred to in parish storytelling. **OR** if you are long time parishioner, come remember and tell some ante dotes. As telling our stories is the key way we connect and belong to one another, this seems a good thing to do as we approach the upcoming St Bartholomew's Feast Day.

Bob Van Keuren is somewhat of a parish historian and a key person on the interviewing and recording team. Beverley was on staff at the time.

worship, theological reflection, and sharing, we present the fruits of our studies. In so doing we grapple with questions of faith and prepare and find support for active participation in the ministry of the Christian life. We still have room for more fellow-seekers for the journey. For more information, please contact Marcia King at marciaking721@gmail.com or 404-248-0825. Scholarships available—speak with Marcia.

Book Study Groups

Word in Words Book Group

2nd Monday of each month, 7:30–9:00 p.m., The Library

Mark the 2nd Monday night of each month on your calendar and join other St. Bart's readers throughout the year for fun and interesting discussion. We stick to books available in paperback, mostly fiction. You do not need a reservation, and we welcome you to join us on a regular basis or whenever you see a title that interests you. Contact Molly Mitchell (ggmm1951@gmail.com) for more information. Upcoming books include, for September, "The Sympathizer" by Viet Thanh Nguyen and, for October, "Britt Marie Was Here" by Fredrick Backman (author of "A Man Called Ove").

St. Bartholomew's Women's Spirituality Book Group

3rd Monday night of each month, 7:00–8:30 p.m., The Library

All women from St. Bartholomew's and the community are invited to attend, regularly or occasionally. The group chooses readings (and sometimes a movie) to spur discussion about all areas of modern life. For more information, please contact Marian Gordin (mkgordin@comcast.net or 404-433-6656).

CONTEMPLATIVE PRAYER GROUP

Contemplative Centering Prayer

Tuesdays 6:15 – 7:15 p.m. Amerson House Spirituality Center

Facilitator : The Rev. Beverley Elliott

Centering Prayer is a method of silent prayer where the pur-

of Christmas. Week One: we will engage with the prophecy of Isaiah and Week Two: we will hear the whole story of the Mystery of Christmas. Together we will wonder, reflect, and create meaning as to how God is still at work in our lives and the world as we await God with Us.

Christen is a Godly Play Foundation Trainer and Director of Children and Youth Formation at St. Bartholomew's.

**No Wednesday night classes
Dec 23, 30 and January 6**

OTHER OPPORTUNITIES

Bible Study Exploring the Bible

Wednesday mornings 10:30 a.m. – 11:45 a.m., Parish Hall Meeting Room, Beginning August 29
Facilitators: Anne Salter, the Rev Beverley Elliott and others

Intimidated by the Bible? Does it seem too distant, too difficult to understand, and too long? Exploring the Bible is a twenty-six session, all-ages curriculum that uncovers the vast, sweeping story of God's extraordinary love for ordinary people, in a clear and easy-to-follow format. The study has been underway since January, and it is receiving great reviews. You can join up as the group picks up after the summer with chapter 14, with focus on the Book of Daniel. Register by emailing Beverley (beverley @stbartsatlanta.org). Cost - purchase of the accompanying book, *The Path from Forward Movement*, \$22. Money is available to help purchase the book. Speak with Bev if you need financial assistance.

Education for Ministry (EfM)

Beginning September 17
Mondays 6:30 - 9:00 p.m., The Library

Education for Ministry, EfM, is a four-year seminar in Christianity for adults covering Old Testament, New Testament, Church History, Theology and Ethics. Participants, who commit for one year at a time, are a small group of fellow seekers who meet every week over the academic year. Through

Death, Dying, and Poems for Those We Have Loved

Wednesday August 29

Facilitator: Ken Lockerman

Ken is one of the parish's best known poets. In the glow of St Bartholomew's Feast Day we will reflect on death and dying through poems he has written for some of the members we have loved, let go and released back to God. Ken has written four or more poems for beloved and unique members: John Powell, Duncan Curl, Roslyn Blache and Fred Terry. We will talk about the poems a little and then discuss creative ways others deal with the death of loved ones.

Reflecting on the National Memorial for Peace and Justice, The Cross, and The Lynching Tree

September 5, 10:00 a.m. – 11:30 a.m. and 6:30 p.m. – 8:00 p.m.

Facilitator: the Rev. Dr. Angela Shepherd, Rector

An opportunity specifically for those who have read *The Cross and the Lynching Tree* and/or participated in the Pilgrimage to the National Memorial for Peace and Justice. Gather to share insights and struggles, engage in thoughtful listening, and ponder next steps.

Everything Happens for a Reason and Other Lies I've Loved – A Book Study

September 12, (19 –no class), 26, October 3, 10

Presenters: The Rev. Dr Corinne Crammer & the Rev. Beverley Elliott

This is a well written and at times funny book by Kate Bowler. Kate teaches religious studies at Duke Divinity School and her dissertation was on the prosperity gospel. In getting to know the people of prosperity churches she saw their faith includes physical health which was challenged when someone who appears to be good becomes ill. This was the case when Kate, a young mother, was diagnosed with late stage colorectal cancer. The book describes her journey and the reactions of those around her. It ends with two appendices which include what not to say to someone under these kinds of circumstances, and a second on what to say. Our

exploration of the book will include a side reading of parts of the Book of Job, particularly the reaction of Job's friends to his plight. It will be available for sale in the parish hall or can be purchased on line. Currently only in hardcover.

Corinne is an Assisting Priest at St Bartholomew's and Beverley is on staff as Associate Rector for Pastoral Care.

Talking About Cancer

October 17

Presenters: the Rev. Beverley Elliott and Dan Curl

We are in Breast Cancer Awareness month but tonight we want to embrace all types of cancer as our common topic. We want to include in the conversation those with cancer, and the family and friends who travel with them. What has changed over the decades about having cancer? How is it living with, and managing cancer long term? What advice do you have about prevention? What is it that has been learned through the experience? How is faith affected? How is it to experience the death of a loved one?

Dan came to St. Barts' in 1979. He had 3B head and neck cancer in 1994-5. It was a full 10 years before he learned how to deal with the effects and treatment. Both his parents died from cancer. Beverley is a former nurse and the Associate Rector for Pastoral Care at St. Bartholomew's. She had treatment for breast cancer 3 years ago and a sister who died 8 years ago from colon cancer. Her mother currently living with terminal colon cancer.

Learning About Walking a Labyrinth

October 24

Presenter: Linda Claire Snyder

Labyrinths are ancient. Used as the basis for spiritual practices they have reemerged in recent decades. The parish has had one built on our grounds....and we have indoor canvas labyrinths that can be brought out for all sorts of times in our church calendar and individual life events This class will cover a description of the history of the labyrinth, the various ways, and intentions of walking the labyrinth today. Linda Claire will share her journey in becoming a trained labyrinth guide and then lead us on a walk of our own labyrinth at the Bell Tower.

Linda Claire is a long time member who has felt called to this ministry and sought training in the labyrinth, and experienced it for nearly 2 decades.

Respecting the Dignity of Every Human Being: A start toward understanding gender identity and the use of non- binary language as people of God.

October 31, November 7, 14

Facilitators: Lisa Barber & Christian Zsilavetz

Want to be better able to embrace the many ways folks relate to their assigned sex and their emerging gender identity? Want to feel more confident in using language that is care-filled when it comes to relating to 'every human being'? Curious about what scripture and theology might have to bring to the conversation? Then come, and invite your friends.

Lisa's work is dedicated to creating safe places and conversations for students, teachers and families who identify on the LGBTQIA spectrum, and help heteronormative folks understand the intricacies of gender non-binary people, and more importantly, how to view scripture in relationship to these people. Her most recent role was as co-founder of Pride School Atlanta. Lisa is a member of St Bartholomew's and is currently studying 3rd year EfM.

Christian is passionate about creating spaces where everyone is welcome, everyone can work, and everyone can learn, regardless of gender identity, gender expression or affectional preference. He served as co-founder Pride School Atlanta and has graduate degrees in education and provides personal growth and cultural competency workshops in the community. Christian is a formerly heterosexual cisgender woman who is now a queer-identified transman with a wife and 2 wee ones. He and his family are members of St Bartholomew's.

Pop Up Class

November 28

An idea? Speak to Virginia Murray or Beverley Elliott.

Pop Up Class

December 5

Another idea?

Getting Ready for Christmas

December 12, 19

Presenter: Christen Erskine

This Advent join Christen to get ready to enter the Mystery